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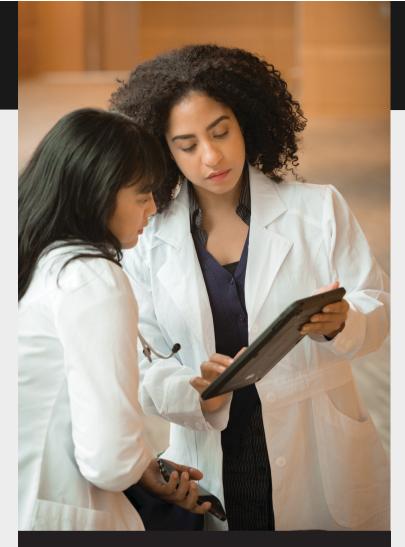
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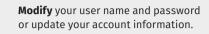
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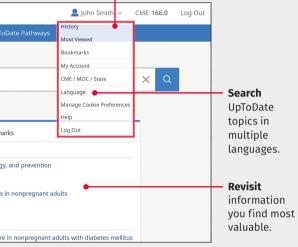
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	Overview of general medical care in nonpregnant adults with diabetes mellitusneed of insulin therapy should be managed by or in consultation with an endocrinologist, if at all possible. The decision to refer to an endocrinologist with expertise in diabetes management usually hinges
Use sub- sections for easy navigation.	Pharmacologic therapy for hyperglycemia Summary and recommendations Glucose-lowering rx in T2DM approach Monitoring in diabetes mellitus

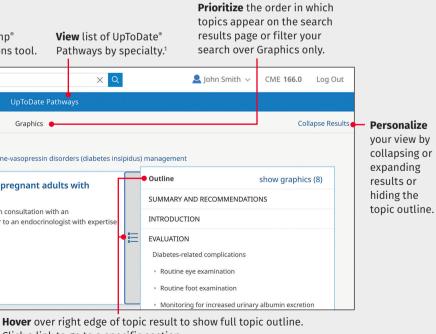
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medical topics provide the information you need for optimal patient care.	UpToDate [®] diabetes management	x Q		💄 John Smith 🗸 🛛 CN		
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		rerview of general medical care in	n nonpregnant adults with diabete			
View a detailed outline within each topic.	Outline			● 虱 ⊘ ∉		
Click to go directly to summary and ———	• SUMMARY AND RECOMMENDATIONS	Author: Deborah J Wexler, MD, MSc Section Editor: David M Nathan, MD Deputy Editor: Katya Rubinow, MD				
treatment recommendations.	WHAT'S NEW	Contributor Disclosures				
Click on a heading to go directly to ———	INTRODUCTION	All topics are updated as new evidence becomes availa Literature review current through: Feb 2023. This top				
the information you need.	Diabetes-related complications Routine eye examination Routine foot examination Monitoring for increased urinary albumin excretion Screening for coronary heart disease 		nent in individuals with diabetes (January 2023)	tes, but society guidelines ha		
	Comorbid conditions GLYCEMIC MANAGEMENT Blood glucose monitoring and target A1C	INTRODUCTION The estimated overall prevalence of diabetes	mellitus among adults in the United States varies with ra	ce/ethnicity and ranges from		
View all graphics associated with a topic in a thumbnail format.	GRAPHICS view all Tables	condition [2]. Numerous factors, in addition t	ve type 2 diabetes. More health care resources are estima o diabetes-associated complications, contribute to the im prevalence of depression [3] and adversely impacts empl	pact of diabetes on quality of		
	 Monitoring in diabetes mellitus ADA ophthalmologic exam schedule Comprehensive diabetic foot exam 	nonglycemic management (🗊 table 1). The a	al medical management for nonpregnant adult patients v pproach is consistent with guidelines from the American are updated yearly [6-8]. Detailed discussions relating to nyperglycemia are discussed separately.	Diabetes Association (ADA) fo		
Access related topics to find additional information.	Candidates Prevention of cardiovascular events	 (See "Screening for type 2 diabetes mell (See "Clinical presentation, diagnosis, ar 	itus".) nd initial evaluation of diabetes mellitus in adults".)			

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